

Prayer Calendar

May 2020

Traveling with Jesus

Travel with Jesus out of solitude, to the roadside, up the mountainside and to Jerusalem. Come, let us travel together with Jesus.

OUT OF SOLITUDE

Friday, May 1

Psalm 130:1 | Out of the depths I cry to you, O LORD, Lord, hear my voice!

~ Father, I cry out to you from the depths of my soul. I cry out from the deepest parts of my suffering, my pain and my anger in this wilderness. Do you hear me as I cry out to you?

Saturday, May 2

Psalm 130:2 | Let your ears be attentive to the voice of my supplications!

~ Lord, I trust that you will listen to me and hear my cry. I trust that you are present. Calm my spirit and still my body so that I can listen to your calming, gentle voice through the chaos.

Sunday, May 3

Psalm 130:3 | If you, O LORD, should mark iniquities, Lord, who could stand?

~ Forgiving God, your forgiveness through our Lord Jesus Christ can make me whole and bring me to peace. Today I accept your forgiveness for: _____.

Monday, May 4

Luke 3:21-22 | ... and when Jesus also had been baptized and was praying, the heaven was opened and the Holy Spirit descended upon him.....And a voice came from heaven, 'You are my Son, the Beloved, with you I am well pleased.'

~ Loving Father, we share in Jesus' baptism and are grateful that you call us Beloved! Help us remember we are beloved!

Tuesday, May 5

Mark 1:35 | In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed.

~ Loving God, our souls long to be alone with you and yet we are stubborn and do not yield to your call to pray in the early morning. Nudge us awake to spend time in quiet and solitude with you to listen.

Wednesday, May 6

Luke 5:16 | But he would withdraw to deserted places and pray.

~ Holy One, as you called Jesus away to pray, you call us. Help us find a quiet deserted place today to be with you; to listen and sit in your company.

Thursday, May 7

Luke 6:12 | Now during those days we went out to the mountain to pray; and he spent the night in prayer to God.

~ Lord God, you showed us how you would spend the night alone in prayer. Draw us to this practice so we may be thoughtful leaning on your wisdom and guidance in our decisions and actions.

Friday, May 8

Mark 6:46 | After saying farewell to them, he went up on the mountain to pray.

~ Holy God, after our energy is spent, we want to collapse and escape into nothingness. Help us follow your example by spending time in prayer for restoration and strength for what comes next.

Saturday, May 9

Luke 9:18 | Once when Jesus was praying alone, with only the disciples near him...

~ Jesus, you prayed alone and yet in community. We are alone, yet our community is near. Stir us to reach out and connect with others as we pray and discern what is on our hearts.

Sunday, May 10

Exodus 35:2a | Six days shall work be done, but the seventh day is a Sabbath of solemn rest, holy to the LORD.

~ Lord, one day apart to pray, worship and rest clears space in our lives. Give me solitude with you. Thank you for this day of rest ~ help me to rest my spirit as well as my body.

TO THE ROADSIDE

Monday, May 11

Matthew 19:13 | Then little children were being brought to him in order that he might lay his hands on them and pray.

~ Loving Jesus, children are precious to you. Protect those in situations of domestic violence, abuse, abandonment and who are afraid. Surround them with your loving arms and encourage us to be those arms right now.

Tuesday, May 12

John 6:11 | Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also, the fish, as much as they wanted.

~ God of Grace, you are one who provides for all our needs. Help us see that we can be your agents to share our loaves and our fish with others as you multiply our gifts so all can receive provision.

Wednesday, May 13

Mark 9:29 | (“why could we not cast it out?”) He said to them, “This kind can come out only through prayer.

~ Loving God, the hard things can only be done through prayer. Help us not rush headlong into challenges without stopping with you on our daily roads, to pray.

Thursday, May 14

Luke 9:57 | As they were going along the road, someone said to him, “I will follow you wherever you go.”

~ Christ Jesus, today we affirm that we will follow you wherever you go. We are your hands and feet in the world, but it is scary to follow you – you go to dark places. Help us, truly follow you.

Friday, May 15

John 11:20 | When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home.

~ Gracious God, some of us rush out and others stay back. Both come to you in their own ways. Help us not judge others by the way we meet you.

Saturday, May 16

Luke 9:28 | ...Jesus took with him Peter and John and James and went up on the mountain to pray.

~ Lord, you took others with you to pray, to share, to listen. We don't always have to pray alone; even you needed your close friends to be with you. Help us reach out to others to be with us in prayer.

Sunday, May 17

Psalm 46:10 | Be still and know that I am God!

~ Holy One, you know that I am like a small child wiggling in your lap. I fight against stillness with myself, with you, because I am afraid. Take away my fear and sooth my soul.

UP THE MOUNTAINSIDE

Monday, May 18

Matthew 6:9 | Pray then in this way, Our Father in heaven, hallowed be your name.

~ Our Father, as we pray, center our hearts and minds on your great love. Help us trust that you are always love, goodness and you are holy.

Tuesday, May 19

Matthew 6:10 | Your kingdom come, your will be done, on earth as it is in heaven.

~ Holy God, your kingdom is a gift given; your kingdom is here and now; a reflection of heaven on earth we are a part of. Thank you.

Wednesday, May 20

Matthew 6:11 | Give us this day our daily bread.

~ Lord of All, we need enough for today. Help us set aside our greed and desire for more and more and be satisfied with the bread given for today. We will trust you for tomorrow.

Thursday, May 21

Matthew 6:12 | And forgive us our debts, as we also have forgiven our debtors.

~ Loving God, you forgive us and call us to forgive others. Help us, too, forgive ourselves so that we may heal and move forward. Help us let go of old hurts so that you may heal our wounds.

Friday, May 22

Matthew 6:13 | And do not bring us to the time of trial, but rescue us from the evil one.

~ Holy One, temptation and trial come to us every day, that is the way of humans. Help us resist these temptations and overcome the trials by centering our hearts in your heart, depending on you alone.

Saturday, May 23

Matthew 6:14- | For if you forgive others their trespasses, your heavenly Father will also forgive you...

~ Lord, you call us to forgive others over and over for you know this is for our own well-being. Not forgiving others causes bitterness in our souls. Help us forgive and heal from our wounds.

Sunday, May 24

Psalms 16:9 | Therefore my heart is glad, and my soul rejoices; my body also rests secure.

~ Jesus, I sit with you and rest in security and assurance that I am your child, a sheep within your fold, living in your realm. Help me remember your gift of salvation and rejoice.

TO JERUSALEM

Monday, May 25

John 13: 14-15 | So if I, your Lord and Teacher have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you.

~ Serving God, you acted in love and humility showing us how to act with love and humility toward each other. Today, help us pay attention to ways to serve others in small quiet ways.

Tuesday, May 26

John 13:34 | I give you a new commandment, that you love one another. Just as I have loved you, you should also love one another.

~ Holy God, you are love and you call us to love one another, even when we are most un-loveable. Love goes beyond a feeling to action and purpose. Today I will practice love with everyone I meet.

Wednesday, May 27

John 13:35 | By this everyone will know that you are my disciples, if you have love for one another.

~ Christ Jesus, as we serve others in large and small ways we witness your love and justice in the world and we are marked as your disciples. Love deepens compassion, justice and service. Stir the desire to love without restraint and serve in anyway you call.

Thursday, May 28

John 14:1 | Do not let your hearts be troubled. Believe in God, believe also in me.

~ Gracious God, it is easy to say, 'I know God well enough,' but you call us to be more than just followers of the Christ in name only. Help me respond faithfully and in love everyday to your claim on my life for in that relationship I can find solace for my soul.

Friday, May 29

John 14:27 | Peace I leave with you; my peace I give to you. I do not give to you as the world gives.

~ Loving Jesus, your peace is not an absence of strife and chaos, but peace within the striving and chaos that swirls around us all the time. Show us today how to cling to your hand and receive the peace that only you can give. Help us remember your words and carve them on our hearts.

Saturday, May 30

John 14:27b | Do not let your hearts be troubled and do not let them be afraid.

~ Lord Jesus, we cling to these words of hope and assurance from you. Help us release these worries, anxieties and fears and trust you with all our understanding. Today I release to you_____.

Sunday, May 31

Psalm 62: 1 | For God alone my soul waits in silence...

~ Holy God, your language is silence. Show me how to be still before you, to be silent and to wait upon your still, quite voice upon my heart.

This prayer calendar is designed to aid you in your daily life of prayer.

Read the scripture for the day over and over, out loud if possible. As you read, listen with an “ear of the heart” to a word or phrase that strikes you.

Reflect on that word or phrase asking yourself the question: “What is God saying to me through this word or phrase at this time?” Spend time in silence with this scripture mulling it over in your mind and heart.

Allow God to speak to you in the silence. Offer a prayer out of your reflection.

Thank God for whatever you received in the silence of your prayer and take that with you through your day.